



**Blind Community Center of San Diego**  
1805 Upas Street San Diego CA 92103  
Phone: 619-298-5021  
Donate with PayPal at <https://bccsd.org/>  
Email: [info@bccsd.org](mailto:info@bccsd.org)

**APRIL 2022 NEWSLETTER  
CELEBRATING 72 YEARS**

**SUNDAY, APRIL 17, HAPPY EASTER**



**Something New - Look for how to use your noodle in this Newsletter**

**BCC MISSION:** To enrich the lives of blind and visually impaired adults preparing them for a normal, active life in a society that is principally sighted by encouraging independence.

The Blind Community Center of San Diego gives blind and visually impaired people in our community an opportunity to socialize and interact. It helps members build skills, confidence and self-esteem through our various, social, recreational and educational, activities. During the pandemic, we are featuring virtual experiences where participants can join by telephone and/or computer.

## **BUSINESS HOURS:**

### **Activities Remain 100% Remote**

We continue to monitor the COVID-19 situation, and have made **the decision to continue with 100% remote delivery of all activities.** At this time, we have not determined an exact date for the re-opening of our center. We appreciate your patience and understanding. Our first priority is to maximize the health and safety of our members, participants, and volunteers.

## **CONTACTS:**

**We are here for you:**

President Sharlene: **[president@bccsd.org](mailto:president@bccsd.org)**

phone: 619-298-5021 ext. 208

Vice President Ethel: **[ethel@bccsd.org](mailto:ethel@bccsd.org)**

Business Operations Manager Christie: **[christie@bccsd.org](mailto:christie@bccsd.org)**

BCCSD email: **[info@bccsd.org](mailto:info@bccsd.org)**

Website: **<https://bccsd.org/>**

## **BOARD OF DIRECTORS**

President: Sharlene Ornelas, Blind Member: [president@bccsd.org](mailto:president@bccsd.org)

Vice President: Ethel Kirtley, Blind Member: [ethel@bccsd.org](mailto:ethel@bccsd.org)

Secretary: Claude Edwards, Blind Member: [secretary@bccsd.org](mailto:secretary@bccsd.org)

Treasurer: Brook Logan, CPA, Associate Member: [treasurer@bccsd.org](mailto:treasurer@bccsd.org)

Past President: Gwendolyn Edwards, Blind Member

Directors:

Business Operations Manager: Lion Christie Greene, Associate Member:  
[christie@bccsd.org](mailto:christie@bccsd.org)

Diane Hall, Blind Member: [dianehall73@yahoo.com](mailto:dianehall73@yahoo.com)

Eric Linebarger, MD, Ophthalmologist, Associate Member

Magdalena Guillen, Blind Member: [nenaguillen6610@gmail.com](mailto:nenaguillen6610@gmail.com)

Lion Mary Manning, Associate Member: [edandmarym@cox.net](mailto:edandmarym@cox.net)

Rochelle Harris, Blind Member: [rdjharris@gmail.com](mailto:rdjharris@gmail.com)

Yvette Lee, Blind Member

## **FROM PRESIDENT SHARLENE:**

On behalf of the members, participants and volunteers, I wish everyone a Happy Easter.

Ability is what you're capable of doing.  
Motivation determines what you do.  
Attitude determines how well you do it.

The way to succeed is to get up one more time than you fall.

A committee has been formed and is meeting once a week to determine policies and procedures to be in place so we can reopen. Most, if not all, of our members and participants are in the high-risk population for catching COVID-19. We need make coming to the BCC as safe as possible. Watch for information in the newsletter and any special notices.

Contact information for Sharon Moninger, who was our March speaker.

Sharon Moninger  
Therapeutic Recreation Services  
619-525-8247  
[Smoninger@sandiego.gov](mailto:Smoninger@sandiego.gov)

Park de la Cruz Community Center  
3901 Landis Street  
San Diego, CA 92105  
619-525-8247

Their monthly activity is on the first Thursday each month.

Be safe

**Sharlene Ornelas**

## **FROM VICE PRESIDENT ETHEL KIRTLEY**

Thanks to all of you for allowing me to be a part of your lives, and for being a part of mine.

Plant honesty and reap trust.  
Plant goodness and you reap friends.  
Plant humility and reap greatness  
Plant perseverance and reap contentment  
Plant consideration and reap perspective  
Plant hard work and reap success  
Plant forgiveness and reap reconciliation  
Plant faith in GOD and reap a harvest.

**Ethel Kirtley**

## **FROM BOARD MEMBER CHRISTIE GREENE:**

Hi everyone, we are getting the center ready for you. Lots of cleaning, repairs and preparation for re-opening. To hear BCC news first, be sure to read the newsletter and attend classes and membership meetings. Thank you for sticking with us this year, 2022 will be a year to remember.

**Christie**

## **WATER SKIING WITH THE SAN DIEGO MISSION BAY BOAT & SKI CLUB**

**Mark your Calendars:**

**May 21, June 25, July 30, August 27, and September 24**

Our annual tradition of free blind water ski clinics will continue in 2022. There will be water skiing, tubing, boat rides, fun in the sun and lunch. You don't need to know how to water ski and you don't have to get your feet wet if you choose to stay on dry land. **Please call 619-298-5021 ext. 206 to sign up for May 21. We will call you back with details.**

## **BCC FACEBOOK PAGE**

Please follow the center's Facebook page @bccsdcommunity for updates about the center and related information. All other Facebook pages for the center are not in use. We will announce our new logo on this page in April, so be one of the first in the know and check it out today!

**<https://www.facebook.com/bccsdcommunity/>**

**NORTH PARK LIONS** continues to sponsor monthly 'We Are Thinking of You' food deliveries for the BCCSD. **Our next delivery is scheduled for the week of April 11.** Active members and participants will receive a phone call prior to the delivery to coordinate their delivery date.

Please let us know if you have any questions about the deliveries.  
Thank You. [christie@bccsd.org](mailto:christie@bccsd.org)



**Picture of a little boy at the kitchen sink using a pool noodle to run water from the faucet to a bucket on the floor. Great idea!**

## WEEKLY ACTIVITY SCHEDULE

### MONDAYS

**PLEASE USE OUR WEBEX NUMBER FOR SPANISH CLASSES**

#### **Join by phone**

+1-510-338-9438 USA Toll+

Access code: 623 586 039

#### **Join by computer:**

<https://giftedback.my.webex.com/meet/pearl.a.mecenas>

Access code: 623 586 039

12:00 p.m. - 1:00 p.m. **BEGINNING SPANISH** taught by **Nena**

1:00 p.m. - 2:30 p.m. **INTERMEDIATE SPANISH** taught by **Nena**

### TUESDAYS

**TABLE TOPICS** has moved to **Fridays** at **10:30 am**

### WEDNESDAYS

**PLEASE USE OUR WEBEX NUMBER FOR WEDNESDAY CLASSES**

#### **Join by phone**

+1-510-338-9438 USA Toll+

Access code: 623 586 039

#### **Join by computer:**

<https://giftedback.my.webex.com/meet/pearl.a.mecenas>

Access code: 623 586 039

12:00 p.m. - 12:30 p.m.

**BLIND RHYTHM** led by **Shon**

12:30 p.m. - 1:00 p.m.

**OPEN MIC** led by **Pearl**

1:00 p.m. - 2:00 p.m.

**TRIVIA** led by **Pearl**

2:00 p.m. - 3:00 p.m.

**NAME THAT TUNE** coordinated by **Shon**

## **THURSDAYS**

10:00 a.m. – 12:00 p.m.

## **BLIND COMMUNITY CENTER WRITERS WORKSHOP with CLYTIE**

All are welcome!

Please call or email Clytie - 760-271-8138 [writers@bccsd.org](mailto:writers@bccsd.org)

## **FRIDAYS**

### **PLEASE USE OUR ZOOM NUMBER FOR FRIDAY CLASSES**

#### **Join by Phone**

1 408 638 0968 USA Toll+

Meeting ID: 494 996 8569

#### **Join by computer:**

<https://us02web.zoom.us/j/4949968569>

Meeting ID: 494 996 8569

#### **LIFE HACKS and TABLE TALK**

**10:30 a.m. – 11:45 a.m.**

Let's talk!

**BINGO** led by **Christie**, with a bingo caller app and sighted volunteers.

**12:00 p.m.- 2:00 p.m.**

## **SATURDAYS**

10:00 a.m. -11:00 a.m. **LIVE MARTIAL ARTS ZOOM CLASS** taught by **SENSEI JOSH LOYA**

**All abilities welcome. If you are interested in attending, please send an email to [info@bccsd.org](mailto:info@bccsd.org).**

**You can also message on Facebook link -**

**<https://www.facebook.com/Blind-Community-Martial-Arts-211126265596001>**

## **BOARD OF DIRECTORS MEETING**

**Tuesday, April 12 1:00 p.m. - 3:00 p.m.**

### **Join by Phone:**

1 408 638 0968 USA Toll+

Meeting ID: 494 996 8569

### **Join by computer:**

<https://us02web.zoom.us/j/4949968569>

Meeting ID: 494 996 8569

**Guests are welcome.** If you would like to address the board, please call 619-298-5021 ext. 208, 24 hours prior to the meeting to be added to the agenda.

## **MEMBERSHIP MEETING**

**Tuesday, April 26 2021 1:00 p.m. - 3:00 p.m.**

Please be sure to attend the April Membership Meeting held on Tuesday April 26th at 1:00 on ZOOM. President Sharlene has a couple of very important messages to share.

**Our April speaker, Luis Monteagudo, Jr., Vice President of Community Relations|211/CIE will tell us all about 211.**

### **To Join, please use the ZOOM number below:**

1 408 638 0968 US (San Jose)

Meeting ID: 494 996 8569

### **Join by computer:**

<https://us02web.zoom.us/j/4949968569>

Meeting ID: 494 996 8569

**Membership Meetings are held every month on the 4th Tuesday using the ZOOM virtual link from 1:00-2:30. Members, participants and guests are all welcome to attend. Attendance shows your support and appreciation for the BCC and our generous speakers.**



Please connect 10 minutes early so we can get started on time. The meetings are one way to catch up on what is happening at the BCC.

## **THANK YOU**

**AT&T Pioneers**  
**Chula Vista Host Lions Club**  
**Del Sol Lions Club**  
**Encinitas Lions Club**  
**Foundation for Delta Gamma at San Diego State University**  
**Friends of the BCC**  
**PDG Lion Rick Hannum**  
**Harbison Canyon Lions Club**  
**La Jolla President's Club**  
**La Mesa Lions Club**  
**Mira Mesa Senior Center Garden Club**  
**National Charity League**  
**Oceanside Sea Lions Club**  
**Rancho Bernardo Lions Club**  
**Rancho Santee Lions Club**  
**San Diego County Employee's Charitable Organization (CECO)**  
**San Diego Executive Lions Club**  
**San Diego North County Lions Club**  
**San Diego North Park Lions Club**  
**San Diego United Lions Club**  
**Singing Hills Lions Club**  
**UCSD Pre Optometry Club**  
**University of San Diego**

Please visit our web site at <https://bccsd.org/> for more information about our wonderful supporters and find out how they contribute to the Blind Community Center of San Diego.

**The Lions Optometric Vision Clinic** is now open by appointment only. It is a non-profit 501C3 agency, located on the third floor of the Blind Community Center building. Their Mission is to provide basic vision care for **low-income** individuals throughout San Diego County. For vision

screening or a pair of quality, **low-cost** glasses, **call 619-298-5273 for an appointment.**

### **More about our Writer's Group**

**The Blind Community Center of San Diego's Writers' Group** first met at the center on January 10, 2018. We have continued to meet, every Thursday except for the first Thursday of the month.

For the first years we continued to meet at the center – and even took a walking tour of the Prado in Balboa Park together. Early in 2020 Covid 19 changed things. We could no longer meet in person so immediately began to use Zoom.

We all enjoy each other's writing, offer suggestions, and share our own efforts.

There are very few rules, roughly they boil down to:

1. Respect each other's work, opinions, and points of view.
2. When we offer suggestions, we know how important it is to make room for the writer's own voice to be heard – we don't offer changes that would drown them out.
3. Have fun and laugh whenever possible and appropriate.

The original proposal, in December 2017, for BCC's Creative Writing Group read as follows: "This 'class' is meant to be a relatively free-flowing education and discussion forum where questions, comments and discussion from participants will help drive the content as it develops over a four-week period. It may be extended or repeated depending upon expressed interest and desire for more (or less) of the experience. The class is available to beginning and intermediate authors. My small published book "AUTHORS WRITE THE DARNEDEST THINGS! *A Light-hearted Persuasion to Write Right - for Better Effect*" will be available in various electronic formats to participants free of charge.

The plan is to focus on:

- Getting to know each other's interest in and purpose for writing, and our uniquely individual desired outcomes from this class; what we hope to discover and accomplish here;
- How ideas, personal experience, and inspiration first initiate and then support an author's determination to create a body of work;
- How writing pitfalls, practices, and techniques make the difference between adequate and excellent;
- Responding to challenges authors commonly find in creating and publishing their work.

Depending upon the needs of the class members, our focus may be shifted or modified by mutual agreement."

**AND FOUR YEARS LATER, WE'RE STILL HERE!**

### **SHOP WITH AMAZON SMILE and GIVE to the BCC**

Do you order items from Amazon? If so, Amazon donates 0.5% of the purchase price to the Blind Community Center of San Diego when you select us as your supported charity. It costs you nothing, and it provides us with funds to keep putting smiles on our members' faces! Bookmark the link <https://smile.amazon.com/ch/95-6067253> and support us every time you shop. Thank you!

### **DID YOU KNOW?**

**Winston Churchill Day is always held on April 9.**

Winston Churchill Day celebrates the day he was made an honorary US citizen. On this day in 1963, then President John F. Kennedy proclaimed Winston Churchill an honorary citizen. Unfortunately, he was not present to receive the proclamation in person. There have only been a handful of people to be accorded this honor.

What does it take to become an honorary US citizen? You have to have made extraordinary accomplishments or contributions in your life. And, then a law must be drafted and voted upon by the U.S. Senate.

Celebrate the by reading and learning about Winston Churchill, Britain's Prime Minister during World War II.

Thought of the Day: War does not determine who is right.... only who is left.  
- - Winston Churchill

Winston Churchill Quotes:

1. "You have enemies? Good. That means you have stood up for something\_sometime in your life." —Winston Churchill
2. Never, never, never give up. —Winston Churchill
3. Personally I'm always ready to learn, although I do not always like being taught. —Winston Churchill
4. Success is not final, failure is not fatal, it is the courage to continue that counts. —Winston Churchill
5. All the greatest things are simple, and many can be expressed in a single word: freedom; justice; honor; duty; mercy; hope. —Winston Churchill
6. To improve is to change, so to be perfect is to change often. —Winston Churchill
- 7 All wisdom is not new wisdom. —Winston Churchill
8. If you destroy a free market you create a black market. —Winston Churchill
9. The price of greatness is responsibility. —Winston Churchill
10. When the eagles are silent, the parrots begin to jabber. —Winston Churchill
11. The greatest lesson in life is to know that even fools are right sometimes. —Winston Churchill