

BLIND COMMUNITY CENTER OF SAN DIEGO

1805 Upas Street San Diego CA 92103

Phone: 619-298-5021

website: <https://bccsd.org/>

Donate with Credit Card or PayPal at <https://bccsd.org/>

Email: info@bccsd.org

MAY 2021 NEWSLETTER

BLIND COMMUNITY CENTER CELEBRATES 72 YEARS



1949 =====> 2021

BCCSD MISSION: To enrich the lives of blind and visually impaired adults preparing them for a normal, active life in a society that is principally sighted by encouraging independence.

The Blind Community Center of San Diego gives blind and visually impaired people in our community an opportunity to socialize and interact. It helps members build skills, confidence and self-esteem through our various social and recreational activities. During the pandemic, we are featuring virtual experiences where participants can join by telephone and/or computer.

BUSINESS HOURS:

In order to keep our community safe, our building is temporarily closed following the extended 'Stay at home order'. We will keep you informed in this newsletter when the time is right to re-open. Please stay safe and follow all recommended guidelines.

CONTACTS:

We are here for you:

President Sharlene: president@bccsd.org

phone: 619-298-5021 ext. 208

Vice President Ethel: ethel@bccsd.org
Board Director Christie - christie@bccsd.org
BCCSD email: info@bccsd.org
Website: <https://bccsd.org/>

BOARD OF DIRECTORS

President: Sharlene Ornelas, Blind Member: president@bccsd.org
Vice President: Ethel Kirtley, Blind Member: ethel@bccsd.org
Secretary: Claude Edwards, Blind Member: secretary@bccsd.org
Treasurer: Brook Logan, CPA, Associate Member: treasurer@bccsd.org
Past President: Gwendolyn Edwards, Blind Member
Directors:
Resource Development and Marketing: Lion Christie Greene, Associate Member: christie@bccsd.org
Diane Hall, Blind Member: dianehall73@yahoo.com
Eric Linebarger, MD, Ophthalmologist, Associate Member
Magdalena Guillen, Blind Member: nenag6610@gmail.com
Lion Mary Manning, Associate Member: edandmarym@cox.net
Rochelle Harris, Blind Member: rdjharris@gmail.com
Yvette Lee, Blind Member
Lions Optometric Vision Clinic Representative: Marcia DeRuntz

FROM VICE PRESIDENT ETHEL KIRTLEY:

For your health and the health of those you love, please get the vaccination of your choice, and remind them to do the same.

Ethel Kirtley, Vice President

FROM SECRETARY CLAUDE EDWARDS:

Visiting the Balboa Park rose garden

On April 14, I visited the Balboa Park rose garden for about an hour before meeting board members Christie and Mary at the BCC. It was a glorious morning, under clear skies with a touch of a breeze, just right for a quick walk around the area. The rose garden is an easy place to visit, located on the east side of Park Boulevard, just south of the pedestrian bridge. To get there, I enjoyed a 35-minute ride on the Blue Line Trolley into downtown, then a 10-minute ride on a #7 bus getting off at the "Village Place" stop.

There were several other people visiting the area, all wearing masks just as I was. Though my vision is not what it used to be, I was nonetheless delighted by the colorful flowers, in many hues and shades, some blossoms noticeably larger than others. Oriented more or less north to south, the rose beds were squeezed between Park Boulevard and the edge of Florida Canyon, connected by concrete walkways. Besides the pleasure of enjoying the reds, yellows, pinks, whites and combinations thereof among the flowers, I was pleased to find a water fountain gushing near the north end of the garden, adding its pulsing movement and gentle splashing to the peacefulness of the spot. I am sure glad I went!

ARIZONA STATE UNIVERSITY: NURSE PRACTITIONER DOCTORATE PROJECT: Dedicated to Blind/ Visually Impaired Individuals

In October 2020, approximately 30 people participated in an interview with **Diane Villayuran** and shared their doctor's office visit experiences as blind/visually impaired individuals. The project is now complete and **Diane** would like to share the results.

Please mark your calendars to hear the latest on this doctorate effort and the primary care educational video that was done in partnership with **Dr. Eric Linebarger** called, "Can you see me?"

Date: Wednesday, May 12, 2021

Time: 12:30 pm- 1:00 pm

How to join:

Join by phone

+1-510-338-9438 USA Toll+

Access code: 623 586 039

Join by computer

<https://giftedback.my.webex.com/meet/pearl.a.mecenas>

Meeting Number: 623 586 039

NORTH PARK LIONS is sponsoring another '**We-Are-Thinking-Of-You**' special food delivery for actively participating **BCC** members on Saturday,

May 15, 2021. All active members and participants will receive a phone call prior to the delivery.

Please let me know if you have any questions about the deliveries.
Thank You. christie@bccsd.org

SEE'S CANDY ONLINE FUNDRAISER for the BCC SWEET!

The BCC is excited to share a year-long opportunity to purchase delicious, American made, See's candy. Our sale for traditional See's candy will last through December. The price is the same as you would pay in the store, but if you buy from us, SEE'S will donate 20% of each item sold to the BCC. For example – if you buy \$65 worth of candy – the BCC will receive \$13. If you combine orders and spend over \$65, shipping is free.

Please forward the following fundraiser link to your friends and family. We appreciate everyone's participation and a percentage of every candy purchase will go directly to the BCC. All candy will be shipped directly from See's to your home. Thank you.

SEE'S FUNDRAISER LINK

[https://www.yumraising.com/secure/blindcco blind community center of san diego4/candy?h=Chr Gre3967](https://www.yumraising.com/secure/blindcco%20blind%20community%20center%20of%20san%20diego4/candy?h=Chr%20Gre3967)

OFFICE SUPPLIES FUNDRAISER benefitting the BCC and the LOVC

Thanks to a generous donation from the San Diego Executive Lions Club

If you are interested in any of the following items or have questions:

Please send an email to info@bccsd.org

Available for pickup at BCC by appointment.

First come – first serve

1", 2", 3" and 4" Binders for sale: 2 for \$1

Staplers: \$5 each

Scotch tape dispensers: \$5 each

Wire In-basket trays – 10"-12": \$5 each

Fujitsu 6130 scanner: \$300 (new on Amazon for \$1195)

Fujitsu 6230 scanner: \$300 (new on Amazon for \$1195)

3-hole punches:

Keyboard – Microsoft wireless 6000: \$10

Keyboard – Lenovo Ku0225: \$10

Keyboard – Lenovo Kb1021: \$5

Keyboard – Lenovo sk8825 (L): \$20

Keyboard – Microsoft Natural Ergonomic: \$40

Keyboard – HP SK2960 - \$20

Canon Printing Calculator MP250: \$20

Canon Printing Calculator MP21DX: \$40 (new on Amazon for \$79)

Canon Printing Calculator MP21D: \$10

Heavy duty 3-hole punch - \$10

ONLINE BLIND COMMUNITY CENTER CRAFTS FUNDRAISER

Gifts for everyone

All hand made by BCC crafters and Friends of the BCC.

New Item - Beaded Easter Egg Lamps- Suggested Donation - \$25

New Item - Beaded Bunny Lamps - Suggested Donation - \$25

New Item - Small Beaded Bunny - Suggested Donation - \$12

Beaded Lamps - Penguin, Santa, Mrs. Santa, Snowmen,

Pink Elephants - Suggested Minimum Donation - \$25

Beaded Mary Lou Angels - Suggested Minimum Donation - \$12

Beautiful Handmade Quilts – Suggested Minimum Donation - \$60

**Shades of Pink, Blue or Gray Soft Scarves – Suggested Minimum
Donation - \$25**

Loop-it Yarn Soft Blankets - Suggested Minimum Donation - \$25

Hand Made Crocheted Slippers - Many colors to choose from

Suggested Minimum Donation - \$12 per pair

**Beaded Candy Canes and Beaded Icicles – \$2 each – Buy 5, get one
free.**

For questions or orders, please send an email to info@bccsd.org.

WEEKLY ACTIVITY SCHEDULE

MONDAYS

PLEASE USE OUR WEBEX NUMBER FOR SPANISH CLASSES

Join by phone

+1-510-338-9438 USA Toll+
Access code: 623 586 039

Join by computer

<https://riosassociates-dfc7.my.webex.com/meet/pearl.a.mecenas>
Meeting Number: 623 586 039

12:00 p.m. - 1:00 p.m. **BEGINNING SPANISH** taught by **Nena**

1:00 p.m. - 2:30 p.m. **INTERMEDIATE SPANISH** taught by **Nena**

TUESDAYS

FOR TUESDAY ACTIVITIES, PLEASE USE OUR ZOOM NUMBER:

Join by Phone

1 408 638 0968 US (San Jose)
Meeting ID: 494 996 8569

Join by computer:

<https://us02web.zoom.us/j/4949968569>
Meeting ID: 494 996 8569

11:00 a.m. – noon **BCC History, future program discussion, ideas and brainstorming for fundraising and new programs. Everything BCC.** Led by **Christie and Ethel** May topics will include planning for our upcoming Family Feud Fundraiser: Please join the fun and help the BCC at the same time!

WEDNESDAYS

PLEASE USE OUR WEBEX NUMBER FOR WEDNESDAY CLASSES

Join by phone

+1-510-338-9438 USA Toll+

Access code: 623 586 039

Join by computer

<https://riosassociates-dfc7.my.webex.com/meet/pearl.a.mecenas>

Meeting Number: 623 586 039

12:00 p.m. - 12:30 p.m.

BLIND RHYTHM led by **Shon**

12:30 p.m. - 1:00 p.m.

OPEN MIC led by **Pearl**

1:00 p.m. - 2:00 p.m.

TRIVIA led by **Pearl**

2:00 p.m. - 3:00 p.m.

NAME THAT TUNE coordinated by **Shon**

THURSDAYS

10:00 a.m. – 11:40 a.m.

BLIND COMMUNITY CENTER WRITERS WORKSHOP with **CLYTIE**

Please call Clytie for instructions. 760-271-8138

Participants share stories they have written and help each other with constructive tips on how to improve them.

FRIDAYS

9:30 a.m. -10:30 a.m. **BEGINNING FRENCH** taught by **Theresa**

10:30 a.m.-11:30 a.m. **INTERMEDIATE FRENCH** taught by **Theresa**

11:30 a.m. 12:00 p.m. **TIME TO SOCIALIZE**

PLEASE USE OUR WEBEX NUMBER FOR ABOVE ACTIVITIES:

Join by phone

+1-510-338-9438 USA Toll+

Access code: 623 586 039

Join by computer

<https://riosassociates-dfc7.my.webex.com/meet/pearl.a.mecenas>

Meeting Number: 623 586 039

FOR BINGO, PLEASE USE OUR ZOOM NUMBER:

Join by Phone

1 408 638 0968 US (San Jose)

Meeting ID: 494 996 8569

Join by computer:

<https://us02web.zoom.us/j/4949968569>

Meeting ID: 494 996 8569

12:00 p.m.- 2:00 p.m.

BINGO led by **Christie**, with a bingo caller app and sighted volunteers.

SATURDAYS

10:00 a.m. -11:00 a.m. **LIVE MARTIAL ARTS ZOOM CLASS** taught by **SENSEI JOSH LOYA**

All abilities welcome. If you are interested in attending, please send an email to info@bccsd.org.

You can also message on Facebook link -

<https://www.facebook.com/Blind-Community-Martial-Arts-211126265596001>

BOARD OF DIRECTORS MEETING

Tuesday, May 11 1:00 p.m. - 3:00 p.m.

To Join, please use the ZOOM number below:

1 408 638 0968 US (San Jose)

Meeting ID: 494 996 8569

Join by computer:

<https://us02web.zoom.us/j/4949968569>

Meeting ID: 494 996 8569

Guests are welcome. If you would like to address the board, please call 619-298-5021 ext. 208, 24 hours prior to the meeting to be added to the agenda.

MEMBERSHIP MEETING

Tuesday May 25 1:00 p.m. - 3:00 p.m.

To Join, please use the ZOOM number below:

1 408 638 0968 US (San Jose)

Meeting ID: 494 996 8569

Join by computer:

<https://us02web.zoom.us/j/4949968569> Meeting ID: 494 996 8569

UPCOMING MEMBERSHIP MEETING SPEAKERS

May 25th Pat Newman:

Topic: Being a **Sheriff's Department Volunteer**

June 22: San Diego Food Bank

Membership Meetings are held every month on the 4th Tuesday using the ZOOM virtual link from 1:00-2:30. Members, participants and guests are all welcome to attend. Attendance shows your support and appreciation for the BCC and our generous speakers.

Please connect 10 minutes early so we can get started on time. The meetings are one way to catch up on what is happening at the BCC.

ACB RADIO COMMUNITY EVENTS

Safe. Respectful. Welcoming.

Please read our community events expectations including our ACB Core Values and Code of Conduct which drive all we do at ACB!

<https://acb.org/community-event-expectations>

This is also where you can learn how to schedule an event.

Below is information on how to connect to this week's ACB Community calls. These calls are open to everyone. Membership in ACB is not required.

Note: More calls may be added throughout the week.

Be a friend and invite a friend to join us and subscribe to our email list to receive the daily schedule by sending a blank email to: Acb-community-events+subscribe@acblists.org

Those without email can access this information by phone by dialing 1-800-424-8666 and follow the prompts.

Many of our calls will be streamed live on ACB Radio. When this is to be done, we will post with the event in the daily schedule along with the ACB Radio link. These can also be heard using your Alexa device by saying: "Name, open the ACB Radio (insert stream name here) skill." All stream names used are one word, mainstream, café, live, special, the exceptions are mainstream west and Community, and in those cases, you do not say "radio," but rather, just "Open ACB Mainstream West." And "Open ACB Community."

THANK YOU

AT&T Pioneers

Chula Vista Harbor Lioness Club

Chula Vista Host Lions Club

Foundation for Delta Gamma at San Diego State University

Friends of the BCC

Harbison Canyon Lions Club

La Mesa Lions Club

Mira Mesa Senior Center Garden Club

National Charity League

Oceanside Sea Lions Club

Rancho Bernardo Lions Club

San Diego County Employee's Charitable Organization (CECO)

San Diego Executive Lions Club

San Diego North Park Lions Club

San Diego United Lions Club

UCSD Pre Optometry Club

University of San Diego

Please visit our web site at <https://bccsd.org/> for more information about our wonderful supporters and find out how they contribute to the Blind Community Center of San Diego.

Thank you, North Park Lions, for putting together our April **'We are in this together'** grocery gift including canned fruits and vegetables, soup, apples, and living lettuce.



Pictures of April grocery items, North Park Lions Claude, Dr Knott and Dr, Denny

Thanks to Theresa Bagg at Sacred Heart Church for yummy bagels which were included in our gift bags.

Thank you: San Diego Executive Lions Club for making possible the **BCC – LOVC Office Supply Fundraiser.**

Our sincere thanks to the **San Diego County Employee's Charitable Organization (CECO)** for approving a grant for the BCC. We purchased 32 comfortable chairs with padded arms, seats and backs for the craft room. Crafters are looking forward to comfortable seating when pandemic restrictions are lifted and we all return to the BCC.

Thank you Donna Lee and Mike Brandenburg from the **San Diego United Lions Club**, **Helen Quantanilla** from the **San Diego Executive Lions Club**, and **Luis Tocco** and **Hua Jin Jeng** from the **Mira Mesa Senior Center** for landscaping another area of the BCC with succulents and redwood mulch. This area separates the parking area and the front driveway.



Thanks to San Diego United Lions Club (SDULC) for lighting help in the craft room and NCL room. **Bud Swartz** from **SDULC** has inventoried both rooms, replaced bulbs and is looking at ballasts that need replacing.
Thanks Lion Bud!

**HELP PROTECT AGAINST THE SPREAD OF COVID-19 VIRUS
EVEN IF YOU ARE VACCINATED!**

- Step 1: Wash your hands
- Step 2: Wear a face mask
- Step 3: Avoid touching your face
- Step 4: Disinfect frequently touched surfaces
- Step 5: Practice social distancing
- Step 6: Wash your hands

**BE SURE TO GET VACCINATED!
AND THEN FOLLOW-UP WITH THE SECOND VACCINATION!**

STILL NEED A COVID VACCINATION?

Here is the information to the accessible link for vaccine distribution and to learn if you qualify for the vaccine at this time. You can also call 211 and they will help with scheduling an appointment and a ride to and from.

<https://myturn.ca.gov/?fbclid=IwAR2jgmuRa3WnX5XOV5TBj8UFIMRa8gLLZ1Cpyv3PIhcPAKO9yH6LAEJp0Hc>

TOGETHER WE CAN GET THROUGH THIS!