

BLIND COMMUNITY CENTER OF SAN DIEGO

1805 Upas Street San Diego CA 92103

Phone: 619-298-5021

website: <https://bccsd.org/>

Donate with Credit Card or PayPal at <https://bccsd.org/>

Email: info@bccsd.org

JANUARY 2021 NEWSLETTER

OUT WITH THE OLD, IN WITH THE NEW! HAPPY NEW YEAR!

BCCSD MISSION: To enrich the lives of blind and visually impaired adults preparing them for a normal, active life in a society that is principally sighted by encouraging independence.

The Blind Community Center of San Diego gives blind and visually impaired people in our community an opportunity to socialize and interact. It helps members build skills, confidence and self-esteem through our various social and recreational activities. During the pandemic, we are featuring virtual experiences where participants can join by telephone and/or computer.

BUSINESS HOURS:

In order to keep our community safe, our building is temporarily closed following the extended 'Stay at home order'. We will keep you informed in this newsletter when the time is right to re-open. Please stay safe and follow all recommended guidelines.

CONTACTS:

We are here for you:

President Sharlene

phone: 619-298-5021 ext. 208

email: president@bccsd.org

Board Director Christie - christie@bccsd.org

BCCSD email: info@bccsd.org

Website: <https://bccsd.org/>

FOOD FOR THOUGHT

"When you can't control what's happening, challenge yourself to control the way you respond to what's happening. That's where your power is."

From the President:

I hope everyone is enjoying their Holiday home deliveries. On behalf of the BCC Board of Directors, Members and Participants. I would like to thank **AT&T Pioneers, Chula Vista Host Lions Club, Chula Vista Harbor Lioness Club, the UCSD Pre Optometry Club, and Costco** for their generosity. It is appreciated.

A big thank you to everyone who made items for sale. I'm not naming people because I don't want to miss thanking anyone. It is much appreciated. For those interested, you can continue making items to be sold. Let Christie and Dora know so they can deliver kits. It will get us ahead for next year and we will open a craft store on the 3rd floor, so your items will be available for internet sales and once we open people can come and see what we have to offer.

Sharlene Ornelas

ONLINE BLIND COMMUNITY CENTER CRAFTS FUNDRAISER

Gifts for everyone - all hand made by BCC crafters and Friends of the BCC.

Beaded Lamps - Penguin, Santa, Mrs. Santa, Snowmen, Pink Elephant Suggested Minimum Donation - \$25

Beaded Mary Lou Angels - Suggested Minimum Donation - \$12

Beautiful Handmade Quilts – Suggested Minimum Donation - \$60

Shades of Pink, Blue or Gray Soft Scarves – Suggested Minimum Donation - \$25

Loop-it Yarn Soft Blankets - Suggested Minimum Donation - \$25

Hand Made Crocheted Slippers - Many colors to choose from

Suggested Minimum Donation - \$12 per pair

Beaded Candy Canes and Beaded Icicles – \$2 each – Buy 5, get one free.

For questions or orders, please email info@bccsd.org.

WEEKLY ACTIVITY SCHEDULE

MONDAY

12:00 p.m. - 1:00 p.m. **BEGINNING SPANISH** taught by **Nena**

1:00 p.m. - 2:30 p.m. **INTERMEDIATE SPANISH** taught by **Nena**

ABOUT THE SPANISH CLASS: From **Tom**: “Nena teaches the Spanish classes and each class is educational and enlightening.” Nena’s goal is to help people learn a second language and have fun too!

Join by phone

+1-510-338-9438 USA Toll+

Access code: 623 586 039

Join by computer

<https://riosassociates-dfc7.my.webex.com/meet/pearl.a.mecenas>

Meeting Number: 623 586 039

TUESDAYS

11:00 a.m. – noon **Are you interested in learning about the BCC and assisting with ideas for new programs?** Each week we will learn about the BCC. Topics can include history, volunteers, bylaws, past programs, future programs and more. Led by **Christie and Ethel**

The number to dial is different than our regular Bingo and Trivia number.

Join by Phone

1 408 638 0968 US (San Jose)

Meeting ID: 494 996 8569

Join by computer:

<https://us02web.zoom.us/j/4949968569>

Meeting ID: 494 996 8569

WEDNESDAYS

12:00 p.m. - 12:30 p.m.

12:30 p.m. - 1:00 p.m.

1:00 p.m. - 2:00 p.m.

2:00 p.m. - 3:00 p.m.

BLIND RHYTHM led by **Shon**

OPEN MIC led by **Pearl**

TRIVIA led by **Pearl**

NAME THAT TUNE coordinated by **Shon**

Join by phone

+1-510-338-9438 USA Toll+

Access code: 623 586 039

Join by computer

<https://riosassociates-dfc7.my.webex.com/meet/pearl.a.mecenas>

Meeting Number: 623 586 039

ABOUT THE TRIVIA CLASS: “Hi My name is **Frances**. I’d like to share with you about our trivia class. It is so exciting and so much fun. I thought it would be hard, but when you don’t know one, you just say “pass”. We have a very encouraging host who helps us all have a great time. I hope you will join. You always learn something new and have a good time”.

ABOUT NAME THAT TUNE: “Hi from **Michael**. Name that Tune is a really a fun class and **Shon** does a great job. One round will be a classic where you name the song and the artist and the second round is multiple choice. I wish it would go for two hours – it’s a fun class and everybody has a good time.”

THURSDAYS

10:00 a.m. – 11:40 a.m.

BLIND COMMUNITY CENTER WRITERS WORKSHOP with **CLYTIE**

Please call Clytie for instructions. 760-271-8138

ABOUT THE WRITING CLASS:

From **Lyn**: In the writing class we read what we’ve written, either recent or a long time ago and we receive respectful, constructive critiques from one another. I find it very helpful.

FRIDAYS

9:30 a.m. -10:30 a.m. **BEGINNING FRENCH** taught by **Theresa**

10:30 a.m.-11:30 a.m. **INTERMEDIATE FRENCH** taught by **Theresa**

11:30 a.m. 12:00 p.m. **TIME TO SOCIALIZE**

12:00 p.m.- 2:00 p.m. **BINGO** led by **Christie**, with a bingo caller app and sighted volunteers.

ABOUT FRENCH CLASS: From **Tom:** “French is a difficult language to learn; Theresa is patient and helpful and makes learning French educational, fun and enlightening.”

ABOUT BINGO: “This is **Frances** again: I sure have a lot of fun playing Bingo every Friday at noon. Wow! It’s so relaxing. It is 2 hours but it’s so much fun, especially when we hear that someone gets a Bingo. For those who can’t see, we have wonderful sighted volunteers who help us and it is such a comfort being around lovely people. I hope you’ll join us.”

Join by phone

+1-510-338-9438 USA Toll+
Access code: 623 586 039

Join by computer

<https://riosassociates-dfc7.my.webex.com/meet/pearl.a.mecenas>
Meeting Number: 623 586 039

BOARD OF DIRECTORS MEETING

Tuesday, January 12 1:00 p.m. - 3:00 p.m.

MEMBERSHIP MEETING

Tuesday January 26 1:00 p.m. - 3:00 p.m.

Join by phone

+1-510-338-9438 USA Toll+
Access code: 623 586 039

Join by computer

<https://riosassociates-dfc7.my.webex.com/meet/pearl.a.mecenas>
Meeting Number: 623 586 039

OUTSIDE ACTIVITIES THAT MIGHT BE OF INTEREST

You don't need to be a member to participate.

1. The **California Alliance on Aging and Vision Loss** is the newest affiliate of the California Council of the Blind. Our purpose is to deal with the problems of aging and vision loss. Each week we have a

weekly support call in which a number of us get together to share our daily experiences.

We meet every Friday at 10 am PST and the program lasts an hour. All that is discussed is strictly confidential.

Please reach our Support Group by calling 669-900-9128. The ID number is 850 6089 0230. Password is 222638. Just follow the prompts and you should be just fine.

- 2. Looking for something to do? The American Council of the Blind** is holding community events every day throughout the day on a wide number of topics. If you would like a list of the daily programming, please send an email to Join the Community Events email list for a morning email with that day's schedule:
<http://acblists.org/mailman/listinfo/acb-community-events>

Read our expectations for participating in community events:
<https://acb.org/community-event-expectations>. You don't need to be a member to join.

You can listen to the different streaming stations and get schedule information for them on this number: Phone ACB-radio: (518) 906-1820

- 3. Valuable information for the blind and visually impaired** may be found on the National Federation of the Blind website at nfb.org

THANK YOU

**Everyone who supported BCC Fundraisers
North Park Lions Club
AT&T Pioneers
Chula Vista Harbor Lioness Club
Chula Vista Host Lions Club
Harbison Canyon Lions Club
San Diego County Employee's Charitable Organization (CECO)
National Charity League
Foundation for Delta Gamma at San Diego State University
Rancho Bernardo Lions Club**

**Oceanside Sea Lions Club
UCSD Pre Optometry Club
San Diego Association of Insurance Professionals
University of San Diego
COSTCO**

Please visit our web site at <https://bccsd.org/> for more information about our wonderful supporters and find out how they contribute to the Blind Community Center of San Diego.

HELP PROTECT AGAINST THE SPREAD OF COVID-19 VIRUS

- Step 1: Wash your hands
- Step 2: Wear a face mask
- Step 3: Avoid touching your face
- Step 4: Disinfect frequently touched surfaces
- Step 5: Practice social distancing

BE WELL

BE SAFE

TOGETHER WE CAN GET THROUGH THIS!