



**Blind Community Center of San Diego**  
1805 Upas Street San Diego CA 92103  
Phone: 619-298-5021 [www.BCCSD.org](http://www.BCCSD.org)  
Donate with PayPal at [donation@bccsd.org](mailto:donation@bccsd.org)

## **JANUARY NEWSLETTER 2020**

**HAPPY NEW YEAR! 2020 FELIZ NAVIDAD!**

**BCCSD MISSION:** To enrich the lives of blind and visually impaired adults preparing them for a normal, active life in a society that is principally sighted by encouraging independence.

The Blind Community Center gives blind and visually impaired people in our community a place to gather. Participants are able to socialize, make crafts, play games and enjoy a free lunch.

The BCCSD helps members to build skills, confidence and self-esteem through our various social and recreational activities.

### **BUSINESS HOURS:**

Monday – Friday 9:00 a.m. - 3:00 p.m.

Doors closed at 4:00 p.m.

Saturday – 8:30 a.m. - Noon Closed Sunday

**CLOSED SATURDAY, DECEMBER 21 - JANUARY 5, OPEN MONDAY JANUARY 6.**

### **Contacts:**

619-298-5021 Ask the receptionist for details about classes and activities

619-298-5021 x206 to sign up for classes and activities

619-298-5021 x208 President Sharlene Ornelas

619-997-8058 Christie Greene

Email the BCCSD at [info@bccsd.org](mailto:info@bccsd.org)

### **MEMBER INFORMATION:**

Are you interested in becoming a BCCSD Member? Annual membership is \$40. Members have special privileges, including discounts on selected events such as Bingo and free MTS transportation for membership meetings and certain other events.

**MEMBERSHIP ADVANTAGE: On any Wednesday, Thursday and or Friday members receive one MTS Access ticket to use that day.**

### **CALENDAR**

For details regarding activities, please call the BCCSD at (619) 298-5021 and ask the receptionist.

Please sign up for activities and classes on extension 206. Leave your name, number and activity or event.

**COFFEE AND SWEETS PARTY AT THE BCCSD  
Monday – Friday**

**FREE LUNCH AT THE BCCSD EVERY WEEKDAY**

**Auditorium 11:30 a.m.**

Reservations by 10:30 a.m. please. Please call 619-298-5021.

January Meals will include: Ribs and French Fries, Asian Chicken, Taco Mac and Broccoli Cheese Soup.



**WEEKLY CLASSES  
MONDAYS**

**CRAFT CLASS**

**Craft Room 9:00 a.m. – 1:00 p.m.**

**CRIBBAGE**

**Auditorium 11:00 a.m. - 1:00 p.m.**

Don't know how to play Cribbage? We will teach you. Challenge your brain and join us for two championship tournaments every year with prizes. RSVP - 619-417-1844

**BASIC CONVERSATIONAL SPANISH CLASS**

**NCL Relaxation Room 1:00 p.m. – 2:00 p.m.**

All levels welcome.

**TUESDAYS**

**CRAFT CLASS**

**Craft Room 9:00 a.m. – 1:00 p.m.**

**EASY MICROWAVE COOKING**

**Auditorium/Kitchen 10:00 a.m. - 10:45 a.m.**

This class is free to members. Cost for others is \$3.

**BCC, CFB and USD COMMUNITY DESIGN EXPERIENCE COURSE**

**Tuesdays 10:45 a.m. – 12:05 p.m.**

**TUESDAY AFTERNOON WALK WITH JULIE OR KARLA**

**Lobby** Please sign up by 3:00 p.m. the Friday before.

## **WEDNESDAYS**

### **SILVER AGE CHAIR YOGA**

**NCL Relaxation Room 9:30 a.m. - 10:30 a.m.**

This class features easy chair exercises and low impact movement and stretches, taught by certified Silver Age Yoga instructors.

### **DECEMBER NIGHTS AND SPECIAL CRAFTS**

**Craft Room 9:00 a.m. – 1:00 p.m.**

Craft Class projects are featured every year at the BCCSD December Nights Booth in Balboa Park. We will be making new beaded items in 2020, including Lions and Leprechauns.

### **PAINTING**

**Craft Room 9:15 a.m. – 10:15 a.m.**

### **CERAMICS CLASS**

**Craft Room 9:00 a.m. – 1:00 p.m.**

Learn basic ceramics and clay techniques.



### **CHORUS - BCC SINGERS**

**Auditorium 9:30 a.m. - 11:30 a.m.**

### **SPECIAL CRAFTS CLASS**

**Craft Room 1:00 pm - 2:00 pm**

This class is free to members. Cost for others is \$3.

Please sign up the day before class to ensure adequate assistance and supplies.  
619-298-5021 x 206

## **THURSDAYS**

### **THERAPEUTIC MARTIAL ARTS**

**Auditorium 9:00 a.m. - 11:00 a.m.**

### **INDEPENDENT CRAFTS**

**Craft Room 9:00 a.m. – 1:00 p.m.**

### **CREATIVE WRITING WITH CLYTIE KOEHLER**

**Every Thursday except the first Thursday.**

**Conference Room 9:30 a.m. – 11:30 a.m.**

## **WALK ABOUT IN BALBOA PARK**

**Every Thursday of each Month except the first Thursday.**

Please call one day ahead to make plans. 760-271-8138

## **THURSDAY MATINEE**

**Auditorium 1:00 p.m. - 3:00 p.m.**

Join us for a movie on our 70-inch TV. Participants pick the movie.

## **CORNER GROCERY**

Every Thursday at **1:30 p.m.** BCC members and participants save money on grocery items. Please bring your own shopping bags. Limits on number of items per person.

## **FRIDAYS**

### **BLIND RHYTHM WITH SHON MACKEY**

**Auditorium 9:30 a.m. - 10:30 a.m.**

### **FIRST, SECOND AND THIRD FRIDAYS**

#### **CONVERSATIONAL FRENCH WITH THERESA**

**NCL Relaxation Room 10:30 a.m. – 11:30 a.m.**

## **INDEPENDENT CRAFTS**

**Craft Room 10:30 a.m. – 1:00 p.m.**

## **FOURTH FRIDAY BINGO**

**Craft Room 10:30 a.m. – 2:00 p.m.**

Meet with friends and play BINGO! Accessible Bingo cards and assistance as needed is provided. Lunch is provided. First number is called at 11:00 a.m. Members: \$5  
Everyone else: \$7.50 for 1 or 2 cards. RSVP Wednesday before the game by 3:00 p.m. 619-298-5021 x 206 Everyone Welcome!

## **SATURDAYS**

### **THERAPEUTIC MARTIAL ARTS**

**Auditorium 9:00 a.m. - 11:00 a.m.**

Newcomers and all levels welcome!

## **SATURDAY BINGO**

**Craft Room**

**Saturday, January 11 10:30 a.m. – 1:30 p.m.** Meet with friends and play BINGO! Accessible Bingo cards and assistance as needed is provided. First number is called at 11:00 a.m. Members: \$5 Everyone else: \$7.50 for 1 or 2 cards. Please RSVP Wednesday before the game by 3:00 p.m. 619-298-5021 x 206.



## **SATURDAY FREE LUNCH**

**Auditorium**

**Saturday, January 11 1:30 p.m. – 2:30 p.m.**

Join friends for lunch at 1:30 p.m. one Saturday each month. Doors open at 1:00 p.m. Lunch is for Bingo Players, Martial Arts students and all BCC participants. Please RSVP by the Wednesday before by 3:00 p.m. 619-298-5021 x 206.

## **SPECIAL AND MONTHLY ACTIVITIES**

### **BOARD OF DIRECTORS MEETING**

**Auditorium**

The BCCSD Board meets every month on the **first Tuesday** of the month.

Quarterly meetings are held from 6 p.m. – 8 p.m.

All other meetings are held from 2 p.m. – 4 p.m.

January 7, 2020	6:00-8:00
-----------------	-----------

Please call 619-298-5021 x208, 24 hours prior to the meeting to be added to the agenda.

### **MARQUEZ POP-UP STORE**

**Auditorium**

**Tuesday, January 14 11:00 a.m. - 2:00 p.m.**

The pop-up store has items of interest to individuals who are blind or visually impaired. Appointments are not needed.

### **NEW YEARS HIKE**

**Lobby**

**Saturday, January 18**

**Hike with Intuit Guides.** This activity requires the ability to walk on a trail that is uneven. Every participant will have a guide. Participants choose their own speed and distance. For more details and to sign up, call 619-298-5021 Ext. 208. Talk to Sharlene.

### **MEMBERSHIP MEETING**

**Auditorium**

**Tuesday, January 28 1:00 p.m. – 2:30 p.m.**

Free MTS access ticket for members who arrive or leave by MTS and stay to conclusion of meeting.

## FUTURE ACTIVITIES

### Mark your Calendar for 2020 Water Skiing:

**Blind Ski Clinic dates for 2020 are set: May 30<sup>th</sup>, June 20<sup>th</sup>, July 25<sup>th</sup>, August 22<sup>nd</sup> & September 26<sup>th</sup>.** Join us for five water-skiing adventures in 2020, with the Mission Bay Boat and Ski Club. Come and enjoy water skiing, tubing, boat rides, fun in the sun and a BBQ lunch.



## HAPPENINGS AT THE BCC

**BCCSD Member elections** for Vice President and two blind/visually impaired board seats will be held in June. According to our bylaws, the procedure shall be as follows: Qualified active members who are blind or visually impaired are eligible to vote and hold office. In March, a nominating committee will be formed. If you are on the committee, you may not be nominated for a board position. Active, blind or visually impaired members qualify to be on the board by paying membership fees, and by attending at least six membership and BCCSD activities during the year. To qualify for voting at the annual meeting in June, the last of these six meetings and activities, shall be no later than March. The position for Vice President shall be an active blind or visually impaired member who has served at least one year on the board. Board members are responsible for overseeing the governance of the BCCSD.

### **CHULA VISTA HOST LIONS CLUB – BCC HOLIDAY PARTY**

The annual Christmas party, sponsored by the Chula Vista Host Lions Club did not disappoint.

Again, this year, Ranch Catering provided a delicious Holiday meal and the Main Attraction from Chula Vista High School entertained. We all missed Lion Al Hooper, who was unable to attend, but he did make an appearance via a video call. Lion PDG Neil Seefeldt was a great MC and volunteers included Al's Family, BCCSD members, Chula Vista Host Lions, Lioness members, Spring Valley Lions, a Harbison Canyon Lion, National City Host Lions Club, a North Park Lion, AT&T Pioneers and National Charity League. Santa Jim Greene handed out candy canes. Thanks to all who helped make this a wonderful event, especially, Chula Vista Host Lions Club!



## DECEMBER NIGHTS

The December Nights event in Balboa Park brought 300,000 people to Balboa Park and the BCCSD had an opportunity to sell our crafts to everyone who walked by our booth. Items for sale included hats, scarves, beaded lamps, angels, quilts, crocheted items like slippers and handwarmers, Holiday wreaths, and Candy Cane Mice. Santa, Lion Garry Jones offered a photo op with Santa for a donation. Volunteers included a Harbison Canyon Lion, Spring Valley Lions, a North Park Lion, SDSU students, our BCCSD craft class teacher, Julie Jones and BCCSD volunteers and members. The fundraiser was very successful and our crafters outdid themselves with an abundance of lighted, beaded, pink elephants, penguins, teddy bears, Santas, Christmas trees, snowmen, and Mary Lou angels. Our regular customers are looking for a new lighted beaded lamp to buy. The consensus is a lion, a leprechaun and more Christmas trees for the 2020 event. Thank you to Crafters, Assistants, Sales Team, Set Up and Take Down Team, and of course, BUYERS!



Pictures include: Volunteer Eiko mends a Santa, beaded craft lamps for sale, Santa and volunteers at the BCC Booth.

## **PARTNER AGENCIES**

### **Braille Club Membership Meeting**

First Friday from 1:30 p.m. – 3:00 p.m.

Please call President Brian Ostosh at 619-200-7203 to be included for lunch. The Braille Club is a chapter of the California Council of the Blind that is an advocacy, support and educational organization of the blind. Visitors are always welcome.

### **National Federation of the Blind Membership Meeting**

**Second Saturday from 11:00 a.m. – 1:30 p.m.**

Meet at Wings and More at 2940 El Cajon Blvd. by 10:45 a.m. to be escorted to the apartment complex's community room. Please call Lyn at 619-405-5554 for more information.

## **NEWS IN THE COMMUNITY**

The Community Law Project (CLP) is a law student-run project which provides free legal services to low income people in the greater San Diego community. They can help with consumer scams, landlord issues, and other legal problems. For free clinic dates and times, check their website at [www.cwclp.org](http://www.cwclp.org).

## **THANK YOU**

To all of our generous donors: Thank you for your continued, faithful support of our Blind Community Center. You make a difference in the lives of our blind and low vision participants, every day!

**Chula Vista Host Lions Club**

**North Park Lions Club**

**Del Sol Lions Club**

**Oceanside Sea Lions Club**

**Rancho Bernardo Lions Club**

**Rancho Santee Lions Club**

**Chula Vista Harbor Lioness Club**

**La Mesa Lions Club**

**Encinitas Lions Club**

**Spring Valley Lions Club**

**Harbison Canyon Lions Club**

**AT&T Pioneers**

Please visit our web site at [www.bccsd.org](http://www.bccsd.org) for more information about our wonderful supporters and find out how they contribute to the Blind Community Center of San Diego.

**HOW CAN YOU HELP?**

## **YOU CAN DONATE**

It is easy to donate through our website, [www.bccsd.org](http://www.bccsd.org) Just click the DONATE button.

## **YOU CAN BECOME A MEMBER OR VOLUNTEER**

The BCCSD has two classes of membership, Blind and visually impaired members, and Associate members. Associate members are individuals who support the mission of the BCCSD. Are you interested in participating or volunteering? Do you want to learn more? Call the BCCSD at 619 298-5021 for more information.



## **YOU CAN HELP US WITH OUR WISH LIST**

1. Large, microwavable, dishwasher proof, hot chocolate/coffee mugs
2. Cleaning supplies: Fabuloso, bleach, Liquid Softsoap refill, dishwasher cleaning PODs, antiseptic cleaning wipes, Dawn dish wash liquid hand sanitizers.
3. Kitchen drying towels
4. Kitchen scrubber sponges
5. Cases of bottled drinking water
6. Gallon reclosable baggies
7. Quart reclosable baggies
8. Bingo Prizes: Shampoo, conditioner, lotion, household cleansers, laundry soap, dish soap, breakfast cereal, pop tarts, sugar free candy, cookies, crackers, peanut butter, canned soups, canned fruit, canned tuna, condiments like ketchup, mustard, mayonnaise, pickle relish, salad dressings like French, Italian, and Ranch, non-refrigerated sugar free pudding cups, regular V-8 juice, apple juice, apple sauce, triple A, double AAA and C and D batteries, and insulated lunch bags.
9. Red and green cotton Christmas fabric – for December Nights fabric wreaths.
10. Yarn – all colors – for December Nights hats and scarves.

## **BOARD OF DIRECTORS**

President: Sharlene Ornelas, Blind Member

Vice President: Ethel Kirtley, Blind Member

Treasurer: Brook Logan, CPA

Secretary: Claude Edwards, Blind Member

Past President: Gwendolyn Edwards, Blind Member

Directors:

Lion Christie Greene, Associate Member

Magdalena Guillen, Blind Member

Diane Hall, Blind BCCSD Member

Rochelle Harris, Blind Member

Eric Linebarger, MD, Ophthalmologist

Yvette Lee, Blind Member

Pearl Mecenias, Associate Member

Lions Optometric Vision Clinic Representative: Marcia DeRuntz