



Blind Community Center of San Diego
1805 Upas Street San Diego CA 92103
Phone: 619-298-5021 www.BCCSD.org
Donate with PayPal at donation@bccsd.org

November 2019 NEWSLETTER

BCCSD MISSION: To enrich the lives of blind and visually impaired adults preparing them for a normal, active life in a society that is principally sighted by encouraging independence.

The Blind Community Center gives blind and visually impaired people in our community a place to gather. Participants are able to socialize, make crafts, play games and enjoy a free lunch.

The BCCSD helps members to build skills, confidence and self-esteem through our various social and recreational activities.

BUSINESS HOURS:

Monday – Friday 9:00 a.m. - 3:00 p.m.

Doors closed at 4:00 p.m.

Saturday – 8:30 a.m. - Noon Closed Sunday

CLOSED THURSDAY, NOVEMBER 28 – SUNDAY, DECEMBER 1, FOR THANKSGIVING HOLIDAY – HAPPY TURKEY DAY! OPEN MONDAY DECEMBER 2.

CLOSED SUNDAY, DECEMBER 22 – JANUARY 5, FOR CHRISTMAS HOLIDAY. OPEN MONDAY JANUARY 6.

Contacts:

619-298-5021 Ask the receptionist for details about class and activities

619-298-5021 x206 to sign up for classes and activities

619-298-5021 x208 President Sharlene Ornelas

619-997-8058 Christie Greene

Email the BCCSD at info@bccsd.org

MEMBER INFORMATION:

Are you interested in becoming a BCCSD Member? Annual membership is \$40. Members have special privileges, including discounts on selected events such as Bingo and free MTS transportation for membership meetings and certain other events.

MEMBERSHIP ADVANTAGE: On any Wednesday, Thursday and or Friday members receive one MTS Access ticket to use that day.



2019 SEES CANDY SALE FUNDRAISER

Hello members, volunteers and donors

The Blind Community Center is conducting its annual See's Candy fundraiser. Once again, the BCCSD is making available See's Candy for your gift giving and Holiday enjoyment. The sale will begin immediately and end on November 30, 2019. The candy will be delivered during the early part of December. The retail value of the candy, this year, will be \$21 (twenty-one dollars) per pound. The Center will make \$4.00 for every one-pound box sold. We need to sell fifty pounds in order to receive the discount price for the candy.

Braille and print fliers will be made available upon request. Please contact Gwendolyn Edwards for orders and questions. To place candy orders, call 619-322-8128. Make checks payable to the Blind Community Center. If you have any questions concerning this fund-raising effort, please do not hesitate to contact me. Thank you, in advance for your cooperation and participation in this fund raiser.

Sincerely, Gwendolyn Edwards, (immediate) Past President

(619) 322-8128

CALENDAR

For details regarding activities, please call the BCCSD at (619) 298-5021 and ask the receptionist.

Please sign up for activities and classes on extension 206. Leave your name, number and activity or event

COFFEE AND SWEETS PARTY AT THE BCCSD

Monday – Friday

FREE LUNCH AT THE BCCSD EVERY WEEKDAY

Craft Room 11:30 a.m.

Reservations by 10:30 a.m. please. Call 619-298-5021 and leave a message with our receptionist. A few of the November entrees will be Beef Stroganoff, Asian Chicken Stir-fry, Chicken Tortilla Soup and Corn dogs



Pictures of Beef Stroganoff, Asian Chicken Stir-Fry, and Homemade Corn Dogs

WEEKLY CLASSES

MONDAYS

CRAFT CLASS

Craft Room 9:00 a.m. – 1:00 p.m.

CRIBBAGE

Auditorium 11:00 a.m. - 1:00 p.m.

Don't know how to play Cribbage? We will teach you. Challenge your brain and join us for two championship tournaments every year with prizes. RSVP - [619-417-1844](tel:619-417-1844)

BASIC CONVERSATIONAL SPANISH CLASS

NCL Relaxation Room 1:00 p.m. – 2:00 p.m.

TUESDAYS

CRAFT CLASS

Craft Room 9:00 a.m. – 1:00 p.m.

EASY MICROWAVE COOKING

Auditorium/Kitchen 10:00 a.m. - 10:45 a.m.

This class is free to members. Cost for others is \$3.

BCC, CFB and USD COMMUNITY DESIGN EXPERIENCE COURSE

Tuesdays 10:45 a.m. – 12:05 p.m.

TUESDAY AFTERNOON WALK WITH JULIE OR KARLA

Lobby

Please sign up by 3:00 p.m. the Friday before.

WEDNESDAYS

SILVER AGE CHAIR YOGA

NCL Relaxation Room 9:30 a.m. - 10:30 a.m.

This class features easy chair exercises and low impact movement and stretches, taught by certified Silver Age Yoga instructors.

DECEMBER NIGHTS AND SPECIAL CRAFTS

Craft Room 9:00 a.m. – 1:00 p.m.

Craft Class projects are featured every year at the BCCSD December Nights Booth in Balboa Park. Learn how to make fabric wreaths, beaded lamps, angels, candy cane mice and more.



Pictures of Christmas Wreaths and Candy Cane Mice

PAINTING

Craft Room 9:15 a.m. – 10:15 a.m.

CERAMICS CLASS

Craft Room 9:00 a.m. – 1:00 p.m.

Learn basic ceramics and clay techniques.

CHORUS - BCC SINGERS

Auditorium 9:30 a.m. - 11:30 a.m.

Chorus practice for December Nights in Balboa Park. Round trip MTS ACCESS tickets will be provided to singers who use paratransit.

ORNAMENT WREATH WORKSHOP FOR DECEMBER NIGHTS

Craft Room 1:00 pm - 2:00 pm

Help the BCC make beautiful ornament wreaths to sell at December Nights. Use shiny ornaments and ribbon to create one-of-a-kind Holiday wreaths.

SPECIAL CRAFTS CLASS

Craft Room 1:00 pm - 2:00 pm

This class is free to members. Cost for others is \$3.

Please sign up the day before class to ensure adequate assistance and supplies.

619-298-5021 x 206

THURSDAYS

THERAPEUTIC MARTIAL ARTS

Auditorium 9:00 a.m. - 11:00 a.m.

INDEPENDENT CRAFTS

Craft Room 9:00 a.m. – 1:00 p.m.

CREATIVE WRITING WITH CLYTIE KOEHLER

Every Thursday except the first Thursday.

Conference Room 9:30 a.m. – 11:30 a.m.

WALK ABOUT IN BALBOA PARK

Every Thursday of each Month except the first Thursday.

Please call one day ahead to make plans. 760-271-8138

THURSDAY MATINEE

Auditorium 1:00 p.m. - 3:00 p.m.

Join us for a movie on our 70-inch TV. Participants pick the movie.

CORNER GROCERY

Every Thursday at 1:30 p.m. BCC members and participants save money on grocery items. Please bring your own shopping bags. Limits on number of items per person.

FRIDAYS

BLIND RHYTHM WITH SHON MACKEY

Auditorium 9:30 a.m. - 10:30 a.m.

FIRST, SECOND AND THIRD FRIDAYS

CONVERSATIONAL FRENCH WITH THERESA

NCL RELAXATION ROOM 10:30 a.m. – 11:30 a.m.

FIRST, SECOND AND THIRD FRIDAYS

INDEPENDENT CRAFTS

Craft Room 10:30 a.m. – 1:00 p.m..

FIRST, SECOND AND THIRD FRIDAYS

FUN AND GAMES FOR ALL

1:00 p.m. – 3:00 P.M.

FOURTH FRIDAY BINGO

Craft Room 10:30 a.m. – 2:00 p.m.

Meet with friends and play BINGO! Accessible Bingo cards and assistance as needed is provided. Lunch is provided. First number is called at 11:00 a.m. Members: \$5 Everyone else: \$7.50 for 1 or 2 cards. RSVP Wednesday before the game by 3:00 p.m 619-298-5021 x 206

SATURDAYS

THERAPEUTIC MARTIAL ARTS

Auditorium 9:00 a.m. - 11:00 a.m.

SPECIAL AND MONTHLY ACTIVITIES

BOARD OF DIRECTORS MEETING

Conference Room

The BCCSD Board meets every month on the **first Tuesday** of the month.

Quarterly meetings are held from 6 p.m. – 8 p.m.

All other meetings are held from 2 p.m. – 4 p.m.

November 5, 2019	2:00-4:00
December 3, 2019	2:00-4:00
January 7, 2020	6:00-8:00

Please call 619-298-5021 x208, 24 hours prior to the meeting to be added to the agenda.

SATURDAY BINGO

Craft Room

Saturday November 9 10:30 a.m. – 1:00 p.m. Meet with friends and play BINGO! Accessible Bingo cards and assistance as needed is provided. Lunch included. Can't beat it. First number is called at 11:00 a.m. Members: \$5 Everyone else: \$7.50 for 1 or 2 cards. Please RSVP Wednesday before the game by 3:00 p.m. 619-298-5021 x 206.

MARQUEZ POP-UP STORE

Auditorium

Monday, November 11 11:00 a.m. - 2:00 p.m.

The pop-up store has items of interest to individuals who are blind or visually impaired. Appointments are not needed.

THANKSGIVING DINNER AT THE BCC

Auditorium

Saturday, November 23 11:00 a.m. – 3:00 p.m.

Members and BCCSD participants will celebrate friendship and enjoy a free traditional Thanksgiving dinner with all the fixings. You will enjoy a salad, roasted turkey, cranberry sauce, mashed potatoes and gravy, sweet potatoes, mixed vegetables, stuffing, a roll, and pumpkin pie. Please RSVP by 3:00 p.m. Wednesday, November 13, 619-298-5021 ext. 206



Pictures of volunteers preparing five turkeys and serving delicious Thanksgiving meals.

MEMBERSHIP MEETING

Auditorium

Tuesday, November 26 1:00 p.m. – 2:30 p.m.

Free MTS access ticket for members who arrive or leave by MTS and stay to conclusion of meeting.

FUTURE ACTIVITIES

BALBOA PARK DECEMBER NIGHTS

Friday, December 6, and Saturday, December 7

The BCC will have a booth again this year at the Balboa Park December Nights, Holiday festival. The BCC booth will feature our annual crafts sale, Santa Clause and Blind Community Center Singers.



First picture shows handmade, beaded, Santas, Snowmen and Angels. Board Secretary Claude holds up DIY milk jug Santas in second picture.

CHULA VISTA HOST LIONS CLUB – BCC HOLIDAY PARTY

Indoor Sports Club at 3030 Front St, San Diego, CA 92103

Sunday, December 8 1:00 p.m. – 4 :00 p.m.

Again, this year, The Chula Vista Host Lions Club will sponsor a Holiday party for **Blind Community Center members and participants.** There will be a traditional Holiday dinner, opportunity drawings, and a performance by **The Main Attraction.** If you regularly participate in BCC activities, you are invited to attend the party and may bring one guest. Please RSVP by 5:00 p.m. Monday, November 25. 619-298-5021 ext. 206



Group Picture from 2018 Christmas Party

PARTNER AGENCIES

Braille Club Membership Meeting

First Friday from 1:30 p.m. – 3:00 p.m.

Please call President Brian Ostosh at 619-200-7203 to be included for lunch. The Braille Club is a chapter of the California Council of the Blind that is an advocacy, support and educational organization of the blind. Visitors are always welcome.

National Federation of the Blind Membership Meeting

Second Saturday from 11:00 a.m. – 1:30 p.m.

Meet at Wings and More at 2940 El Cajon Blvd. by 10:45 a.m. to be escorted to the apartment complex's community room. Please call Lyn at 619-405-5554 for more information.

THANK YOU

To all of our generous donors: Thank you for your continued, faithful support of our Blind Community Center. You make a difference in the lives of our blind and low vision participants, every day!



**Chula Vista Host Lions Club
North Park Lions Club
Del Sol Lions Club
Oceanside Sea Lions Club
Rancho Bernardo Lions Club**



**Chula Vista Harbor Lioness Club
La Mesa Lions Club
Encinitas Lions Club
Spring Valley Lions Club**

Thank you to the Team of US Navy Chief Selects and a Command Master Chief who cleaned the Blind Community Center from top to bottom. They swabbed the decks and cleaned the bulkheads. Go Navy!



Please visit our Thank you page for a complete list of our wonderful supporters and find out how they contribute to the Blind Community Center of San Diego.



After November, please visit our web site at www.bccsd.org for a complete list of our wonderful supporters and find out how they contribute to the Blind Community Center of San Diego. Our website is currently under construction.

HOW CAN YOU HELP?

YOU CAN DONATE

It is easy to donate through our website, www.bccsd.org Just click the DONATE button.

YOU CAN BECOME A MEMBER OR VOLUNTEER

The BCCSD has two classes of membership, Blind and visually impaired members, and Associate members. Associate members are individuals who support the mission of the BCCSD. Are you interested in participating or volunteering? Do you want to learn more? Call the BCCSD at 619 298-5021 for more information.

YOU CAN HELP US WITH OUR WISH LIST

1. Bingo Prizes: Shampoo, conditioner, lotion, household cleansers, laundry soap, dish soap, breakfast cereal, pop tarts, sugar free candy, cookies, crackers, peanut butter, canned soups, canned fruit, canned tuna, condiments like ketchup, mustard, mayonnaise, pickle relish, salad dressings like French, Italian, and Ranch, non-refrigerated sugar free pudding cups, regular V-8 juice, apple juice, apple sauce, triple A, double AAA and C and D batteries, and insulated lunch bags.
2. 40 10.5" white Corelle plates (Walmart - \$19.00 for set of six, or Thrift shops)

3. 20 6" white Corelle soup bowls
4. Small undercounter ice maker
5. Red and green cotton Christmas fabric – for December Nights fabric wreaths.
6. Yarn – all colors – for December Nights hats and scarves.

BOARD OF DIRECTORS

President: Sharlene Ornelas, Blind Member

Vice President: Ethel Kirtley, Blind Member

Treasurer: Brook Logan, CPA

Secretary: Claude Edwards, Blind Member

Past President: Gwendolyn Edwards, Blind Member

Directors:

Lion Christie Greene, Associate Member

Magdalena Guillen, Blind Member

Diane Hall, Blind BCCSD Member

Lion PDG Rick Hannum, Associate Member

Rochelle Harris, Blind Member

Eric Linebarger, MD, Ophthalmologist

Yvette Lee, Blind Member

Pearl Mecenias, Associate Member

Lions Optometric Vision Clinic Representative: Marcia DeRuntz